

WALKING TERRA CHRISTA ~ MT. SHASTA RETREATS ~ TRAVEL INFORMATION



TRAVEL ARRANGEMENTS

With all traveling arrangements, make sure you confirm all specific information with the services directly as the details provided here may have changed.

Mt. Shasta is right off of Interstate 5 (I-5, a major highway route to all airports) in Northern California, about an hour south of Oregon. San Francisco is about a 5-hour drive, Sacramento 3.5 hours, Redding 1.25 hours, and Medford 1.25 hours.

We recommend having a vehicle or partnering with other attendees who have one, as local cab service is very limited and charges higher rates than a city taxi service in a metropolitan area. *Individual who have vehicles or rental cars are asked to volunteer to be of service transporting others during the retreat if needed.*

AIRPORTS

San Francisco (SFO)

Approx. 5 hour drive by car(recommended) with access to both bus and train to the Mount Shasta region.

Redding, CA

[Redding Municipal Airport](#) is a full service airport which provides commercial airline passenger service, aviation related services and aircraft hangar facilities. Travel arrangements can be made to and from Portland, San Francisco, Los Angeles, Eureka, and Seattle.

<http://www.ci.redding.ca.us/transeng/airports/index.htm>

Medford, OR ~ Rogue Valley International Airport

Commercial air service is provided by Horizon Air; United Express and Delta Connection, offered by Sky West, and Allegiant Air. These carriers offer approximately 60 arriving and departing flights daily to and from San Francisco, Portland, Seattle, Los Angeles, Phoenix, Denver, Las Vegas, and Salt Lake City. Rogue Valley International-Medford Airport also serves general aviation traffic, including extensive corporate and business travel.

<http://www.ifly.com/rogue-valley-international-medford-airport>

Sacramento, CA ~ Sacramento International Airport

Easy access from airport to I-5; approximately 3.5 hour drive.

<http://www.sacramento.aero/smf/>

ROAD TRAVEL TRANSPORTATION

Taxicabs & Shuttles:

<http://walkingtterrachrista.com>

Reverends Christine Melereissee & J.Michael Hayden

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Medford, OR

Affordable Shuttle (541) 479-1042
American West Coach Service (541) 858-9414
Cascade Airport Shuttle-Ashland (541) 488-1998
The Shuttle (541) 883-2609
Cascade Cab-Eagle Point (541) 826-5999
Valley Cab (541) 772-1818
High Country Shuttle (888) 203-8502
Yellow Cab-Medford (541) 772-6288
Metro Taxi (541) 773-6665

Redding, CA

ABC Cab (530) 246-0577
2404 Waldon St., Redding , 96001
530-246-0577, 530-244-5909

Day & Nite Cab (530) 244-6444

Yellow Cab (530) 222-1234

Shasta Premiere Transportation (530) 440-6621

Local Taxi Service in Mt. Shasta: SHASTA SHUTTLE (also serving airports)

<http://www.shastashuttle.com/taxi/> which also attempts to have you arrange carpooling of trips to/from airports, under a rideshare program
<http://www.shastashuttle.com/ride-share/>.

This is the only local taxi service (ignore the results shown using an internet web search). A ride from Mt. Shasta to Weed will be between \$30 and \$35 one way with discounts for advanced scheduling.

Bus Service

Medford, Oregon Airport – Local Bus Service – Runs every hour to Greyhound Station during the day. Bus (limited hours on Saturdays)

http://www.rvtd.org/images/subpages/Route_1_web%282%29.png

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Greyhound Station: 220 Front Street, Medford OR

There are three scheduled routes from the airport to Weed, CA daily; AM, afternoon, PM. The Weed station is 5 minutes (2 miles) from the three locally suggested lodging locations (below).

If you decide to travel by bus from the airport, you must get transportation from the airport to the Greyhound Station which can be by bus three times/day or a taxi-cab.

Redding, CA

Local transportation by shuttle or taxi to the Grayhound Bus is required. See the [Greyhound website for times](#).

Rental Cars

PLEASE NOTE: THERE IS NO RENTAL CAR SERVICE IN THE MT. SHASTA AREA. The closest town that has rental cars is about 45 miles north of Mt.Shasta (the town of YREKA). For ease of travel, you may make arrangements in the larger cities: Medford Oregon, Redding CA, Sacramento CA and San Francisco, California.

MEDFORD, OREGON TERMINAL:

For information regarding their rental rates and availability, please contact the following:

Avis	(541) 773-3003	(800) 331-1212
Budget	(541) 773-7023	(800) 527-0700
Hertz	(541) 773-4293	(800) 654-3131
National	(541) 779-4863	(800) 227-7368

REDDING AIPORT – CAR RENTALS

<http://reddingairportcarrental.com/?gclid=CLrU7vLnorYCFSHZQgodVlsAZQ>

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Bus Service in Mt. Shasta Area:

Greyhound (800-231-2222; www.greyhound.com) buses heading north and south on I-5 stop opposite the Vet's Club in Mt. Shasta and at the **Weed Depot** (530-938-4454; 628 S Weed Blvd) in Weed.

The **STAGE bus** (530-842-8295, 800-247-8243) includes the town of Mt Shasta in its local I-5 corridor route, which also serves McCloud, Dunsmuir, Weed and Yreka several times daily on weekdays only. Other buses connect at Yreka (North of Mt. Shasta, South of Medford, OR).

Train Station in Dunsmuir with Bus Service Available

AMTRAK Train Station, Dunsmuir (About 10 minutes South of Mt. Shasta on I-5)

http://www.amtrak.com/servlet/ContentServer?pagename=am/am2Station/Station_Page&code=DUN

<http://www.forlocations.com/amtrak-Dunsmuir-locations-hours/CA>

The train runs north/south so it is feasible to pick it up from San Francisco (may need other connections from Airport), Sacramento, and Redding. The North-bound train arrives in Dunsmuir in the early morning so it means you would be traveling during the night. There is also a bus depot in Dunsmuir with a stop in Weed.

Station Building (with waiting room)
5750 Sacramento Avenue
Amtrak Passenger Station
Dunsmuir, CA 96025

Dunsmuir, CA - Bus Stop (DBS)
Curbside Bus Stop only (no shelter)
5915 Dunsmuir Avenue
City Hall
Dunsmuir, CA 96025

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MT. SHASTA LODGING

The following are suggestions for lodging while you are attending the retreat.

PRIVATE VACATION RENTAL HOMES IN/AROUND MT. SHASTA:

There are many private homes that can be rented. This option may be less expensive and of higher quality than a hotel or motel if coordinated as a group by planning ahead. If you are interested in coordinating with others attending the retreat, please let us and we will connect you with them.

VRBO/HOME AWAY/AIRBNB: Popular websites with single vacation homes listed for weekly or daily rental, sleeping typically anywhere from 2 to 16 people. However that figure includes king and queen bed arrangements so look carefully to see how many separate beds are in the home instead of just the total number of people it sleeps:

i.e.: <http://www.vrbo.com/vacation-rentals/usa/california/shasta-cascade/mount-shasta>

NEAREST TO OUR LOCATION

In the event we are not able to secure a private vacation home rental, this is the preferred arrangement. There are three hotels available within ½ mile of our location. Some have views of the mountain. These are located off the S.WEED exit 745 of I5 which is a 10 minute drive heading North from the center of Mt. Shasta (under normal traffic and weather conditions). Weed, CA has three exits; if heading South from Oregon (prior to reaching Mt. Shasta) it is the third Weed exit.

Comfort Inn Central

1844 Shastina Drive, Weed, CA, US, 96094 Phone: (530) 938-1982

Quality Inn & Suites

1830 Black Butte Drive, Weed, CA, US, 96094 Phone: (530) 938-1308

Sis Q Inn

1825 Shastina Dr. Weed, CA 96094 Phone: 530-938-4194

We have had individuals stay at the Sis Q Inn as it is one of the most affordable for those on a budget (that is, if not arranging a private home with others). One person was unhappy that it was not more high end but three others were very satisfied. It is very small, and lacks the usual hotel amenities (i.e., no shampoo provided), but priced very decently and clean. Our friend stayed here in August and this is what she had to say about this small, quaint motel: *The hotel that I had stayed at which is called, Sis Q Inn- you have to stay there. This hotel is not what it seems. it is Magical and I saw this unfolding before my eyes. There is a beautiful mini garden in front of hotel; in the front of the room that I stayed in, I was able to see the elementals. The beautiful essence of the garden had me mesmerized.*

<http://walkingterrachrista.com>

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THE FOLLOWING ARE WITHIN MT. SHASTA:

Below we picked ones that we feel are decently priced and clean. There are several Bed & Breakfast rooms to rent in Shasta also. ***We suggest that you make your reservations as soon as possible as Mt. Shasta can fill up quickly.*** You can also check with the Chamber of Commerce, <http://visitmtshasta.com/> under lodging for more extensive information.

Mt. Shasta Starr Ranch and Bed and Breakfast –

1008 W. A. Barr Rd, Mount Shasta, CA 96067

(877) 926-3870 or (530) 926-3870

<http://www.stayinshasta.com/>

(Very quaint, Mel's client stayed here and loved it; also has a cottage for 2-6 people)

Swiss Holiday Lodge

Phone: 530-926-3446

Website: <http://www.swissholidaylodge.com>

Location: 2400 S. Mt. Shasta Blvd., Mt. Shasta, California 96067

(Small but nice with pool, south end of Mt. Shasta nestled in the trees)

Mt. Shasta Inn & Suites

Phone: 530-918-9292

Website: <http://www.mtshastainn.com>

Location: 710 S. Mt. Shasta Blvd., Mt. Shasta, California 96067

(Mel has stayed here; clean; DC is the owner)

Best Western Tree House Motor Inn

Phone: 530-926-3101 or 1-800-545-7164

Website: <http://www.bestwestern.com>

Location: 111 Morgan Way, Mt. Shasta, California 96067

(Very nice with indoor pool, Jacuzzi, restaurant, bar)

Mount Shasta Resort

Phone: 530-926-3030

Website: <http://www.mountshastaresort.com>

Location: 1000 Siskiyou Lake Blvd., Mt. Shasta, California 96067

(Near Lake Siskiyou, very nice, higher end of lodging with restaurant. This is a great place that has cabins sleeping 2-6.)

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Other Highlights of Mt. Shasta:

There are many shops in town which cater to the new age culture including the book store and several crystal shops. (One of the best known is [Soul Connections](#) on the main street, Mount Shasta Blvd. and there are quite a few others!)

This is a nice meadow 3 blocks from the main street:

<http://www.siskiyoulandtrust.org/projects-2/sisson-meadow/>

Extra Elements to Consider:

If possible, we always suggest that you arrive a day or two early to become acclimated to the climate and the higher frequencies within Mt. Shasta. Additionally, if you can stay beyond the retreat, it would also help to ground the changes that you have incurred. There are many places to explore on your own within the mountain and the outlying areas.

We look forward to having you join us for this spectacular retreat.

- Reverend Christine Meleriessee & Reverend J. Michael Hayden (Ara)