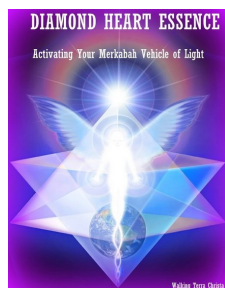


Diamond Heart Essence Training
Introductory Class



Accelerating the Physical DeAscension of the Higher Self by Accessing the I AM PRESENCE through DIAMOND HEART ESSENCEsm TRAINING.

INTRODUCTORY INFORMATION

Open Doorway To RETURN HOME Within the Physical Body:

- Melchizdek Priesthood and Lord Melchizdek teachings;
- Accessing your Golden Solar Angelic Body with Lord Metatron;
- Working through the Initiations through the Mahatma Energies;
- Accessing the Rays of God through the Elders That Surround the Throne of Grace through the vibrational chants which can be utilized on your own;
- Starting to integrate the energies of Divine Mother and Father God within your consciousness and full body system.

The DIAMOND HEART ESSENCEsm installs a full set of Light Diamonds that are attuned to the I AM PRESENCE within the MERKABAH LIGHT BODY etheric field at specific intersecting points corresponding with, and extending within, the physical body. Some of these intersecting diamond structures are at the eight (8) chakra meridians (the energetic wiring in the human body for accessing the Rays of God). Once installed, an individual can spin these Light Diamonds within their etheric and physical bodies using the energies of the I AM PRESENCE to clear and balance the four body system and all the chakras in a very direct and succinct manner.

Background:

Melieressee received this modality in 1999 by the Lady Masters at the onset of the New Millennium. She already was a shamanic practitioner doing the Chakra Balancing Sessions in which she assisted the client in removing elements of debris from lifetimes or present trauma that becomes lodged within our chakra system. The Lady Masters asked her to initiate the session with the Chakra Balancing and then she would infuse the diamonds into each of the chakras along with the joints of the body to align a person's energy with their higher soul essence. This was a 2 hour session.

Presently, we have been guided to share this modality in a one-time group session for the chakra balancing and then a short private session in which Mel would infuse the diamonds into each individual. This was being done due to the amount of people that could benefit from this session. Each person then works with the diamonds on a daily basis to spin them and activate their Merkaba vehicle.

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Previously this modality was guided by the Lady Masters to access the Feminine Divine within the physical body. It is being extended through many other energies to help individuals to raise their consciousness beyond the 5th dimensional level.

The DIAMOND HEART ESSENCE is now an extension of Light coming from the 144th dimensions of Oneness through the direction of Divine Mother/Father God with the Elders That Surround the Throne of Grace representing the Rays of God. The Lady Masters represent the Feminine Divine and now the Male Masters will represent the Masculine Divine which are both part of a universal consciousness. They are stepping forward to help others access these energies.

This means that utilizing this modality within yourself daily will help you to access each of these Divine Beings as they are assisting us to become the Masters of the New Earth.

What Do The Diamonds Look Like?

The diamonds are reflected by the Rays of God. Meleriessee shares her vision in this way: Each diamond is iridescent with many colors which represent the 330 rays of God. They are diamond-shaped which means 4 points in each direction. There is a band of light on the outside of the diamond that when looking at it seems as if it is concrete but within the band are many colors running through the band. The inside of the diamond is completely iridescent representing all the colors. It looks like fluid energies running through it continuously with many different streams of light. It is a continual motion.

Where Are They Placed?

After the chakra balancing each of the diamonds are placed within each chakra which will spin in a clockwise motion. They are also placed in the joints of the body: shoulder, elbow, wrist, palms of the hands, hips, knees, ankles, and soles of the feet. Each of these diamonds will spin towards the heart. Then one large diamond is placed at the Soul Star and Earth Star with the mid-point adjoining with the Solar Plexus, Heart and Thymus Chakras.

The Process of Spinning the Diamonds

The reason the diamonds are placed in each of the chakras and joints is to align the physical body with the I AM presence, something we have a hard time doing in our physical existence. It allows each person to take responsibility of connecting with their higher energies into the physical existence.

In addition, this modality will include chants for each of the chakras, the joints, and the full diamond essence within the Soul and Earth Star fully activating all energies of Light.

If you do a meditation in which you spin your chakras (which is very important), the spinning of the diamonds does the work in one step. First do your protection protocol (we do the Unified Whole and suggest that process). If you work with the Rays of God and intuit the rays into each

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of your chakras, this would be considered the last step. Remember, each of the Rays of God are intuited within the diamonds which means the individual soul is accessing their Higher Self, Monad and I AM Presence within the physical existence. It is always important to bring in the 22 Rays into your chakras as it helps to intend to create the 5th dimensional body. After doing so, then you would spin each of the diamonds starting with the crown through the root, then doing the left side of the body and then the right side for the joints. Lastly, you would ask your soul star and earth star to spin the completely diamond essence.

This is a really great practice before you want to go into a personal meditation because it sets the stage for the preparation.

How Is This Going To Help Me?

First of all, the chakra balancing needs to be done first so that an individual is not accessing old timelines within the chakras when the Diamonds are activated. This could cause elements to arise that could be unpleasant. That is why we suggest a shamanic cleansing first. Meleriessee has been doing shamanic work for 25+ years and is very skilled in accessing an individual's chakra system. It helps to have the client being able to access the energies also but it has been doing with people that do not have this ability to see or feel changes within the bodily structure.

Once the diamonds are in place you will have a direct access to not only your own Merkabah vehicle, but it will help you with your initiation process, your physical changes (as they are placed in the joints), and being able to accept new challenges as they appear in your live. They are really very helpful at times of stress and during high accelerated Earth changes. They will assist you in knowing more about your Soul's history by allowing the energies to infuse within you.

Additionally, working with this modality will assist you in many ways of RETURNING HOME WITHIN THE PHYSICAL BODY as stated previously. It creates an open pathway to work with:

- Lord Melchizedek
- Lord Metatron
- The Mahatma
- The Elders Surrounding the Throne of Grace
- While allowing the remembrance of being within the consciousness of Divine Mother/Father God in a new and different way than ever before.

The Merkabah Vehicle of Light represents the essence that you are in all forms of light frequencies. This means all levels of dimensions and accessibility including activation the 12 Strands of DNA and remembrances of your Soul's Essence will start to occur.

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Having this activation is just the beginning; it will then be your responsibility to work with it as one of your tools for accessing the Higher Essence you are.

